

## INTERNATIONAL CONGRESS ON GLOBAL HEALTHCARE

May 12, 2021 | Webinar

**Updating the perception of a Human Being and its mental functioning due to Covid-19 pandemic****Bohdan W Wasilewski***Psychosomatic Institute, Poland*

The COVID-19 pandemic differs significantly from previous pandemics in its territorial global coverage and in its global impact on the overall civilization and the functioning of health of the general population. The health-related, environmental, economic and mental consequences of the plunder of natural resources (including health) typical of the industrial age emerge at a rapidly accelerated pace catalysed by the COVID-19 pandemic. The author documents his hypothesis that the essence of the COVID-19 pandemic is a reduced effectiveness of defence mechanisms that humans acquired during the evolution. The biocenosis of the human organism is functionally connected with the biocenosis of the surrounding natural environment. Earth's crust biosphere, of which man is an integral part, and which developed in a sustainable manner for four billion years, has been the target of massive human attacks over the past 200 years. Unfortunately, this has led to a serious violation of its functional integrity, including coexistence with viruses both those which are a permanent part of our body and those which are exogenous. This resulted in the emergence of COVID-19. The key to a rational interpretation of the pandemic is to see it as a powerful stimulus to accelerate the evolution of the human species and protect a critically endangered environment. Our task is to catch up in the field of knowledge about human functioning and the natural environment, accelerate efforts to protect it and alleviate labour pains in the process of transition to the post-industrial era.

**Biography**

Bohdan Wasilewski, a psychiatrist was educated and worked in domestic and foreign universities. Since he is employed at the Psychosomatic Institute in Warsaw, as medical director and extraordinary professor. He has published 168 papers, he is also the author or co-author of 48 book publications, including books that have been translated into three foreign languages. Bohdan Wasilewski is a member many scientific societies and the editorial board member in three scientific journals. His publications are widely quoted in the scientific literature, including: "How to Understand the COVID-19 Epidemic Phenomenon?" J Clin Rev Case Rep, 2020b; 5, 7, 335-343; doi.org/10.33140/JCRC.05.07.07

b.wasilewski@ips.p