

Thermo balancing therapy opens a new era in physiotherapy, using the energy of one's body

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Physiotherapy is a medical speciality that works with people to determine and maximize their ability to perform physical functions with the help of exercise prescriptions, hydrotherapy, electrotherapy, joint mobilization and to treat pain and other acute and chronic conditions. Despite the fact that physiotherapy has been used for thousands of years, little attention has been paid to this non-drug and non-invasive treatment over the past decades. Thermo balancing therapy and Dr Allen's device for the treatment of chronic internal problems was invented and received a US patent. This therapy uses the energy of the human body to improve the condition of the affected organ. The natural thermo element in the device accumulates heat, radiated by the body and turns into a source of energy itself. This innovation changes the view of health professionals on physiotherapy as an auxiliary method in the treatment of diseases with the help of drugs and surgery. 10-year empirical data of using thermo balancing therapy with Dr Allen's device showed positive changes in the symptoms and parameters in people with chronic internal diseases, including back pain, coronary heart and kidney stone disease. Two clinical studies on thermo balancing therapy by using Dr Allen's device were conducted in 124 men with BPH and 45 men with CP/CPPS. The symptoms and parameters of patients were measured and compared in

the therapy and control groups. These studies demonstrated that Dr Allen's device reduced prostate volume and urinary symptoms ($P<0.001$) in the BPH treatment group. Pain score was reduced, and prostate volume decreased ($P<0.001$) in men with CP/CPPS. In the control groups no difference was observed. Thus, the empirical data and results of clinical trials allow us to recommend innovative Thermo balancing therapy as an effective physiotherapeutic tool for pain relief and the treatment of chronic internal diseases in any practice.

Biography

Simon Allen has obtained his PhD in Medicine in 1978. For over 14 years he worked and subsequently headed a hospital's cardiovascular department and treated patients with renal diseases. He had authored many scientific articles on metabolic disorders, including those linked to obesity, kidneys, arthritis, cardiovascular and gastroenterological diseases. He has lectured Medical Doctors pursuing higher medical qualifications. He then devoted nearly two decades to further medical research into various chronic internal diseases. He has established Fine Treatment, UK and is the author of the origin of diseases theory and the inventor of effective physiotherapeutic devices which enable the thermo balancing therapy.