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The future in traditional medicine with new tools to restore health

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Promoting and restoring health is the main goal of traditional medicine. In several regions of the world there are similar actions in this sense. We have put together some of these actions with new tools in our practice in a method we call CROWN (LORD, in Portuguese and Spanish) that goes for: C: cleaning up (detoxification by electronic devices) to remove toxins, parasites and causes of several pathologies. R: regenerating the cells and tissues for what we use intravenous vitamins, aminoacids and minerals, as known in the Orthomolecular Medicine, as well as Platelet Rich Plasma and Stem Cells, when necessary. O: Oxygen the tissues with Ozone, whose benefits are known since Second World War, but only now, because the wide effects in almost all the areas of Medicine, it is spreading since then. W: withdraw the thinking and feelings related to stress affecting the neurotransmitters and the immune system, and then, promoting the N: novelty of thinking. These last two actions go together, because Neuroscience has shown the important rule of thinking and feeling in the process of illness. In order to change the pattern of feeling and thinking, we have developed a specific meditation for restoring health (Millennial Meditation, also published in this journal) that, we

believe, gives the command for the immune cascade to be activated.

The strength of this method is that it was built by bringing together great pillars of the past and introducing new tools in the process. This concept pervades the education, clinical practice and research of traditional medicine in Brazil, as well as the whole world, mainly in this time of crisis. We feel responsible for sharing this method with all the medical community and health professionals, due to the results.

Biography

Lorena A Z Velho is a Medical Doctor. She has specialized in Gynecology and Obstetrics, with specific training in Cancer Surgery and Diagnostic Imaging. She runs a clinic with her mother, with whom she developed the CROWN method among the decades. She belongs to the research team at SOBOM (Brazilian Society of Medical Ozonotherapy). She has a postgraduate degree in Orthomolecular Medicine at FAPES. Seeking to see her patients as whole persons, she looked after a PhD in Spirituality and Health, when she developed the Millennial Meditation. She is the Clínica Vida Medical Director, Campinas, Brazil.

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