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Self-esteem of Indian nurses working in hospitals**Rajesh Kumar Sharma¹, Anurag Bhai Patidar²**¹ Swami Rama Himalayan university, India² AIIMS, India

Introduction: Nurses with healthy self-esteem are likely to deliver therapeutic patient care, while those with low self-esteem are less likely to do so. Self-esteem also affects how the nurse thinks, feels, and provides care. Relevance of self-esteem and the ability to establish interpersonal relationships and quality of nursing care provided is undeniable.

Objectives: The objectives of the study were to assess the nurse's self-esteem among registered nurses of selected hospitals of the North India.

Material & Method: A quantitative research approach with descriptive research design study. Samples were recruited by non-probability convenient sampling technique and total 350 working nurses were recruited.

Result: Majority 69.4% (243) of nurses working in hospital setting experiencing normal self-esteem. Whereas 29.4 % (103) experiencing low self-esteem. So, it revealed that for demographic variables Age, marital status, professional educational status, area of working, number of patients seen in each shift, teaching experience, clinical experience, working in Gov./private sector, monthly salary, holding any position in professional organization and attending CNE/ conference/ workshop are significantly associated with nurse's self-esteem.

Conclusion: The study concluded that majority of nurses working in hospital setting experiencing normal self-esteem. Some factors like seniority in nursing, qualification, teaching experience, working in govt sector and high salary influence the self-esteem of nurses.

Biography

Rajesh Kumar Sharma, Associate Professor and Head of Critical Care Nursing Department in Swami Rama Himalayan University, Dehradun. He is Program Administrator for Nurse Practitioner in Critical Care Residency Program. Presently he is Secretary - TNAI Uttarakhand Branch. He is National Coordinator (Nursing Section) for Dr Padam Singh Research & Statistics Scheme under National Institute of Medical Statistics & Indian Council of Medical Research. He is Instructor & Master Trainer for Simulation Based training in Medical & Nursing Education. Also Master trainer for HIV/AIDS, Basic Life Support, Heart Saver & First Aid program of AHA. He is Coordinator for International Training Center of AHA, at SRHU, Dehradun. He has been awarded as Best Teacher and Outstanding Researcher in Critical Care. He has 27 research papers published in National & International Journals. He is also Editor & reviewer in many journals of repute. He has presented papers & posters in many National and International conferences. He has been resource person, organized & attended many State, National and International-level conferences, Seminars & workshops.