

# Acupuncture & Chinese Medicine

August 20-21, 2018  
Dublin, Ireland

Herb Med. 2018, Volume 4  
DOI: 10.21767/2472-0151-C1-003

## THE TREATMENT OF CHILDREN IN CHINESE MEDICINE PROMOTING A HABIT OF PREVENTION RATHER THAN INTERVENTION IN MODERN HEALTH CARE

**Michael Lawlor**

College of Naturopathic Medicine, Ireland

**P**ediatric care has had a long history in Chinese medicine and has been practiced since the Song dynasty (960 – 1279). Chinese doctors understood the differences between treating adults and children, realizing that children are in many ways different in physiology to adults and so require a different approach. Change can be rapid with the progression of illness but also with recovery and it is here that a natural approach to treatment is more beneficial than intervention. Our children live in a world of rapid change; fast paced technology; environmental toxicity and pollution; processed and denatured foods; sugar; fluoridated water; unnecessary antibiotic use and vaccinations and the list is endless. Children are constantly bombarded with these attacks

on their fragile and growing bodies. To offset this, Chinese and by extent Naturopathic medicine is a potent treatment modality to support and enhance the natural internal environment within the body to repel the onslaught from the external environment. We want a quick fix for everything in our western society and this is reflected in our approach to health care. The problem remains; that in most cases it has taken time for a disease to present and so it must take some time to correct the imbalance from the roots up. There is so much we can learn from Chinese and Naturopathic medicine that can change the way we look at healthcare and how it might affect our choices going forward.

[dublininfo@naturopathy.ie](mailto:dublininfo@naturopathy.ie)