

# Acupuncture & Chinese Medicine

Herb Med. 2018, Volume 4  
DOI: 10.21767/2472-0151-C1-003

## BLOOD STASIS ON THE RISE, A MODERN EPIDEMIC

### Jenny Nieters

Alameda Acupuncture, USA

University of East West Medicine, USA

**C**linically we are seeing an epidemic of chronic ailments such as diabetes, cardiovascular disease, dementia, allergies, autoimmune conditions, infertility, metabolic syndrome x and others. Blood stasis is a proximate cause of death and disablement for many of these modern diseases. Learn to identify the hidden

factors that contribute to a rise of blood stasis in the modern population with devastating consequences to the population. Once identified, learn how to mitigate these factors.

[jnieters@pacbell.net](mailto:jnieters@pacbell.net)