

## Use of LLLT (low level laser therapy) in the management of painful sciatica and painful cervical radiculopathy

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**T**he talk will start off with a general introduction of the principles of low-level laser therapy, and the mechanisms of pain reduction using this advanced technology. This will be followed by its clinical applications in neuralgic pain arising from sciatica due to inter-vertebral lumbar disc prolapse, as well as cervical radicular pain due to cervical disc prolapse.

### **Biography**

Dr. Ip has registered qualifications in the field of Orthopaedics as well as Rehabilitation. He had previous post-graduate overseas training in Harvard University, Oxford University, Orton Rehabilitation Institute as well as Edinburgh Royal Infirmary. He is the author of many well-read textbooks in Orthopaedic Rehabilitation as well as on the use of low-level laser therapy. Dr Ip on average performs 5000 LLLT pain treatment on a yearly basis.

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