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Management of chronic pelvic pain in a tertiary care hospital in rural India

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Chronic pelvic pain is a very common pain especially in women due to a multitude of factors. In a country like India, because of the prevalence of age old traditions and gender bias, the sufferers come to the care givers at a late stage. The management then becomes quite difficult and tasking. In our study, we evaluated 65 cases, where the patients were suffering from cancers of the cervix and lower gut with intractable pain. After going through the history, physical examination and the required investigations, we performed superior hypogastric plexus block with absolute alcohol, after a successful block with steroids and local anesthetics. The study was done to relieve the pain and to improve the quality of life in those patients in whom surgery was not feasible or who were

unable to afford surgery for various reasons. The study was followed up for duration of six months thereafter.

Biography

Dhruba Jyoti Borgohain is Assistant Professor, Anesthesiology, Assam Medical College, Dibrugarh, Assam, India. He did his MBBS from the same institute in 1994 and the MD in Anesthesiology in 2001. He did a fellowship in pain medicine from Delhi Pain Management Centre, New Delhi in 2008 and since then running a pain clinic in the institute. He is a prolific speaker in the national and regional conferences and seminars. His main interest is pain medicine and obstetric anesthesia.

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