

## Anxiety in the area of Fertility

**Anurama Suresh**

Shreehi Consulting Services LLP, India

### Abstract

In today's generation, we notice a lot of places offering fertility treatment - IUI / IVF and various different methods. While the entire medical treatment has its own probability of success / failure, the emotions faced by couples undergoing such treatment is generally not taken into consideration. Many women have had suicidal tendencies immediately after a failure in fertility treatment. Anxiety issues due to fertility challenges affect productivity at work. Male infertility is on a rise though not many support groups openly discuss or help men handle their deeper emotions of shame / guilt, etc.

**Received date:** May 15, 2022 | **Accepted date:** May 19, 2022 | **Published date:** May 25, 2022

### Biography

Anurama Suresh is recognised as a Global Covid Warrior by SAARC and Government of Karnataka, India. She is the Founder of Shreehi Consulting Services and a Mind Coach since 2010. Her venture, Shreehi Consulting Services was

incubated at IIM Bangalore for 15 months. The Sanskrit term "Shreehi" represents "the Divine Mother".